

# STOP BENEFIT SANCTIONS

## National Day of Action

Wednesday, 9 March 2016



For more information visit:

[www.unitetheunion.org/No2Sanctions](http://www.unitetheunion.org/No2Sanctions)



@unitetheunion #No2Sanctions



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# Why we're protesting against benefit sanctions

Wednesday 9 March 2016

More and more people are being hit by benefit sanctions which are causing increasing levels of poverty, hardship and anxiety for those who are already struggling to make ends meet.

A benefit sanction is when someone's money can be cut - for offences such as arriving minutes late to a Job Centre meeting, missing an appointment on the day of the funeral of a close family member or not applying for a job when waiting to start a new job!

Half a million people have had their benefits cut over the past year - leaving people without any money to live on.

Benefit sanctions are hitting the most vulnerable people in our communities - this has to stop.

## How YOU can help

- **Show your support** on social media #No2Sanctions
- **Join our campaign**  
[www.unitetheunion.org/no2sanctions](http://www.unitetheunion.org/no2sanctions)
- **Attend an event**, find details at  
[www.unitetheunion.org/no2sanctions](http://www.unitetheunion.org/no2sanctions)

## Join Unite Community

Get active in your community. Unite community membership is a growing part of Unite the union and is open to people not in paid employment. With groups meeting and taking action together across the country – there are plenty of ways to get involved.

With a great host of individual benefits, as well as campaigning on what matters to you including saving the NHS, saving local services and against welfare changes.

## JOIN TODAY

for just 50p per week at

[www.unitetheunion.org/community](http://www.unitetheunion.org/community)

